

Spiritual Eating and Drinking

1. Read John 6 and Matthew 14:15-21
What was the condition of the people?
What did Jesus feel for them?
To where did He look for the ability to feed them all?
Was this a miracle?
Why do you think there were twelve baskets full left at the end?
Who would have learned from this?
What can you learn from the boy who gave up his own meal?

2. Read Luke 4:3-4
What is the problem with ordinary bread?
Why did the people follow Jesus? (John 6:23)
Why was Jesus the bread come down from heaven?(vs. 33)
What would happen to those who ate the living bread?
What was the living bread?
How do we get life into ourselves?
What do you think verse 57 means?
What sort of food was His flesh & blood?
Read John 15:1-10
Is the secret to abiding in Christ found in verse 56?
John 4:1-42 and John 7:37-39
What would happen to those who drank of the water that Jesus would give?
Was it natural water? (7:39) What was the drink?
What was the key to receiving (7:38) and the condition for drinking? (vs.37)
When the woman wanted the living water what did Jesus show her?
What did she do? - vs. 39 may give you the clue.
What about those other Samaritans? (Vs. 41-42)
Should we have a second hand experience or believe because we have seen and heard for ourselves?
Does spiritual worship have any place in drinking the living water?
What was the "meat to eat ye know not of"? Read Job 23:10-12

3. Read 1 Corinthians 11:20-34 and Luke 22:19-20
What do we show forth when we break bread?
Is there anything in the bread itself?
What are we really eating of?
How should we eat to receive the flesh and blood of Jesus Christ?
Who only should eat? What happens to those who eat wrongly?
If we drink the cup must we be in the New Covenant?
Who do we remember?

4. Read 1 Corinthians 10:14-16
If we drink the cup and eat the bread what must we have no part in?
What do we have part in?
(Communion - Greek word koinonia - means to be one with)

5. Read Daniel 1 for an example of men who would have no part of anything that wasn't of God and looked to Him to supply all their spiritual needs. It is likely that the "kings' meat" would have been first offered to idols. If we are to eat of the life of Jesus Christ must we be wholly given to Him and not looking elsewhere for the supply of our spiritual food? What happens if we do look elsewhere?
Think of things young people "eat" of these days to satisfy their souls' needs.
What worked for Daniel?

